



ACTIVEATS

MENU ONE TRIAL

Please refer to your professional health provider to design a meal plan tailored to your individual needs. Nutritional breakdowns provided by ActivEats are not meant to be scientifically accurate but are meant to be a general guide to the contents of the meal, and can vary based on small changes in serving size, or the proportion of ingredients used (for dishes that contain a mix of ingredients). ActivEats is not responsible for ensuring that the nutritional information is identical for every meal served. Customers can use this information generally for their own purposes.

Cajun Chicken with Broccoli Slaw

Free of Gluten & Dairy

Weight: 350g

Calories: 510

Beef and Black Bean Power Bowl

Free of Gluten & Dairy

Weight: 450g

Calories: 590

No Butter Chicken with Pilaf and Vegetable

Free of Gluten & Dairy

Weight: 350g

Calories: 520

Thai Cod with Veggies and Rice Noodles

Free of Gluten & Dairy

Weight: 400g

Calories: 630

Tilapia Vegetables and Pilaf

Free of Gluten & Dairy

Weight: 350g

Calories: 530

Sweet Potato Edamame Salad with Tofu VEGAN

Free of Gluten & Dairy

Weight: 350g

Calories: 610

Beef Broccoli Stir Fry with Quinoa

Free of Gluten & Dairy

Weight: 450g

Calories: 450