



ACTIVEATS

MENU
TWO
TRIAL

Please refer to your professional health provider to design a meal plan tailored to your individual needs. Nutritional breakdowns provided by ActivEats are not meant to be scientifically accurate but are meant to be a general guide to the contents of the meal, and can vary based on small changes in serving size, or the proportion of ingredients used (for dishes that contain a mix of ingredients). ActivEats is not responsible for ensuring that the nutritional information is identical for every meal served. Customers can use this information generally for their own purposes.

Original

Contains fish, beef, poultry



Paprika Chicken with Rice & Vegetables

Free of Dairy & Gluten

Weight: 450 g

Calories: 510

Tuna Cakes with Cabbage Slaw & Quinoa

Free of Gluten & Dairy

Weight: 400 g

Calories: 610

Italian Beef Wrap with Sweet Potatoes

Free of Gluten & Dairy

Weight: 250 g

Calories: 640

Herb-Garlic Chicken with Kale Salad

Free of Gluten & Dairy

Weight: 350g

Calories: 570

Salmon Cakes with Herbed Quinoa & Vegetables

Free of Gluten & Dairy

Weight: 350g

Calories: 540

Vegan



Sweet Potato Edamame Salad with Tofu

Free of Gluten

Weight: 350g

Calories: 610

Lotus & Baby Corn with Pea Pilaf

Free of Gluten

Weight:

Calories: 580

Lentil & Quinoa Veggie Salad

Free of Gluten

Weight: 500

Calories: 540

Black Bean & Brown Rice Burger

Free of Gluten

Weight: 250

Calories: 550

Broccoli & Zucchini Green Bowl

Free of Gluten

Weight: 350

Calories: 590